MET JUICE BAR
juiced to order

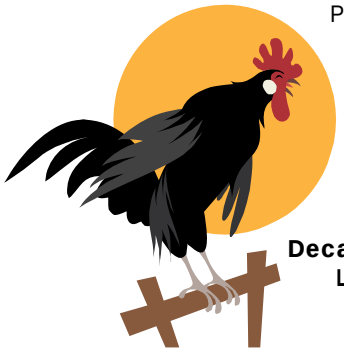
Carrot Ginger 6

Exotic Blend 6
Coconut, Papaya,
Pineapple, Lime

Fresh Squeezed Orange
or **Grapefruit** 4
Pomegranate, Apple,
or **Tomato** 3

YOGURT SMOOTHIES
Strawberry 6

Exotic Blend 6
Pineapple / Mango



TEA 3
Moroccan Mint
China Green
Rooibos
English Breakfast
Earl Grey
Decaf English Breakfast
Lemon Chamomile
Iced tea

COFFEE
Coffee by the Cup 3
French Press for Two 6
French Press for Four 10
Espresso 3
Cappuccino 4
Latte 4
Macchiato 4
Café Mocha 4
Hot Chocolate 3

YOGURT, FRUIT & GRAINS
Ruby Red Grape Fruit 6
brulee top, kiwi

Hand-cut Fruit Bowl 9
exotic & favorites, nutty granola,
greek honey yogurt

Stony Field Yogurt 4

Greek Yogurt 8
nutty granola, hand-cut fruit

Steel - Cut Oatmeal 6
pecan, maple, brown sugar & fresh fruit

Capt. Crunch & Fresh Raspberries 6

FRESH BAKED
House Baked Bread Basket 13
croissants, scones, sticky bun,
banana bread, jams & preserves

Bake Shop Muffins 4
blueberry, corn bread,
& cranberry wheat

Julian's Favorite Coffee Cake 4

Bagels & English Muffin 4
jams & preserves

Toast 3
multi grain, brioche, cranberry walnut,
jams & preserves

SIDES 5
New Hampshire Bacon
Chicken or Pork Sausage
Cured Heritage Country Ham
Crispy Potatoes

BREAKFAST
All Eggs are served with Crispy Potatoes, and Toast

Two Heirloom Farm Fresh Egg any style 9

Soft Scrambled 10
brown eggs, vt cheddar, chives & shallots

Three Egg Omelet 11
choices of two fillings - spinach, tomato, heritage ham,
bacon, cheddar, swiss

"Egg Met Muffin" Club Sandwich 10
two fried eggs, vt cheddar, country ham, tomato, bacon,
english muffin

Crunchy Oat Brioche French Toast 9.50
real maple, whipped butter

Smoked Salmon & Bagel Crisps 16
whipped cream cheese, capers, red onion, tomato

Daily Quiche 9
please ask sever for today's flavor

Continental Breakfast
Juice, Pastry Basket, Hand- Cut Fruit,
Jams & Preserves, Coffee or Tea 14

American Breakfast
Juice, Two Eggs Any Way, Crispy Potato, Toast,
Your Choice of Breakfast Meats,
Coffee or Tea 16

MET BACK BAY
279 DARTMOUTH ST